

Arrive at: _____ **AM/PM, on day:** _____ **Date:** _____.

Your surgery is scheduled for _____; however, unforeseen circumstances may result in delays. Our staff will attempt to keep you informed, but feel free to make inquiries at the reception desk.

*** DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY (this includes chewing gum). Your surgery will be postponed if you ignore this precaution. If you take blood pressure or heart medication, please take with a small sip of water. If you are on insulin, please bring it with you.**

* Bathe or shower on the morning of surgery to minimize the risk of infection. Do not use any body lotion or powder.

* Brush your teeth on the morning of surgery, but **DO NOT SWALLOW ANY WATER.**

* **DO NOT** consume alcohol 24 hours prior to your surgery. Refrain from smoking 12 hours before your surgery. These substances can cause you to have adverse reactions to anesthesia and medication.

* Wear loose comfortable clothing and low-heeled shoes. If you are having surgery involving your upper body you may want to wear a shirt which buttons up.

* Leave jewelry and valuables at home.

* Remove all make-up and false fingernails before arrival for surgery.

* Report **any health changes to your surgeon, immediately** even if the changes seem minor, such as fever, cough, rash, or a cold. Notify your physician if there is a possibility that you are pregnant.

* **Bring insurance cards with you the day of surgery, as well as drivers' license, social security card and any money due. You should have received a call from our business office concerning your estimated charges. If you have not received a call about your financial responsibility, call our office at 972-712-4800.**

* Arrange for a responsible adult to drive you home and stay with you for the first 24 hours following surgery. The effects of anesthesia and sedation will make you drowsy for this period of time.

* Pediatric patients must have two adults available to take them home – one adult to drive and one to attend to the recovering child.

* Arrive on time so that your surgery may begin as scheduled.

* Special instruction:
